## Is There Really No Place Like Home? An Exploratory Study of the Impact of Non-Visitable Homes on Wheelchair Users

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### **Partners**

- NCIL
- APRIL
- Concrete Change

## **Background**

- Much of the U.S. housing stock does not facilitate social opportunities for the growing number of people living with mobility disabilities
- Several Healthy People 2020 objectives address this problem

#### •Goal:

To explore and document the lived experience of wheelchair users in attempting to visit the inaccessible homes of family members and friends

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## **Progress to Date**

- •Qualitative interviews conducted with 16 wheelchair users with diversity of age, sex, U.S. location, race/ethnicity, SES, disabilities, and equipment type
- •Interviews transcribed and data coded using Atlas-ti software
- •Data analyzed using phenomenological reduction to determine the essence of the experience

## **Overarching Themes**

- Social Isolation
- Assault to dignity
- Health consequences
- Difficulty discussing the issue of home barriers

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#### **Lessons Learned**

 Many participants emphasized that discussing home barriers with family members and friends was extremely difficult

"First of all I don't think I've ever had a full on conversation about it. It's not even something that's comfortable to have a conversation about because so much of it feels like you're trying to make the other person feel guilty or they feel defensive about it."

## **In Progress**

- Two page tear-out resource on discussing home barriers with family/friends and creating temporary access will be published in APMR next month
- Reeve Foundation funded a small grant to create an online visitability resource for their website—in progress

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## **Next Steps**

- •Collect quantitative data on effects of invisitable homes with validated survey questions
- Conduct more extensive study of the effect of barriers, particularly of different age groups, perspectives, and life experiences
- •Explore ways to facilitate productive discussions regarding barrier removal
- Connect disability and aging communities to pursue visitability policy
- Track progress in passing visitability policy nationwide

## **Implications**

- For people with disabilities and homeowners:
  Information that may assist them discussing and removing home barriers
- •<u>For advocates</u>: Data on the effects of invisitable homes on individuals and families
- For policymakers: Data on how archaic homebuilding practices affect people with and without disabilities
- <u>For researchers</u>: Understanding of a major source of social isolation

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**Freedom from Want** 

Norman Rockwell



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# **Dinner Party**John Callahan

